

Laser Resurfacing (MOXI & Resurfacing Lasers)

POST-TREATMENT CARE PROTOCOL

IMMEDIATE POST-CARE (DAY 1)

Heat Response

The treated area will feel intensely hot and look very red, like a severe sunburn. This heat sensation can last for several hours. Apply cool air or cold compresses if needed.

Ointment/Barrier

Keep a clean, breathable occlusive or heavy moisturizer on the skin as directed to protect the compromised skin barrier.

Sleep

Sleep with your head elevated on a few pillows on the first night to minimize morning facial swelling.

DAYS 2-5 (THE HEALING PROCESS)

Texture Changes

The skin will begin to feel rough, dry, and like sandpaper. Like BBL, microscopic epidermal debris will surface and naturally shed.

Washing

Wash the skin gently twice a day with lukewarm water and a soap-free, gentle cleanser using your clean hands only—no washcloths or brushes. Pat completely dry.

Moisturization

Keep the skin heavily moisturized throughout the day. Do not let the skin dry out or crack.

Strict No-Pick Policy

Let the sandpaper texture flake off naturally. Premature peeling can lead to hyperpigmentation or scarring.

Active Ingredients & Makeup

No makeup, retinoids, or exfoliating acids until the skin barrier is completely intact (usually day 5-7).