

RF Microneedling

POST-TREATMENT CARE PROTOCOL

IMMEDIATE POST-CARE (DAY 1)

Open Channels

The micro-channels in your skin remain open for the first several hours. Do not apply anything to the face for the first 4 hours except what is provided or instructed in-office (like sterile saline or hyaluronic acid).

Redness & Swelling

Pinpoint bleeding, mild swelling, and redness are expected. The skin may feel tight and warm.

Pillowcase Protection

Put a clean, fresh pillowcase on your bed the night of your treatment to prevent introducing bacteria to the open channels.

DAYS 2-4

Gentle Cleansing

Cleanse with a mild, non-stripping cleanser and lukewarm water. Do not scrub.

Hydration

Apply a pure hyaluronic acid or a bland, non-comedogenic moisturizer frequently to soothe tightness.

Avoid Makeup

Avoid wearing makeup for at least 24 to 48 hours post-treatment. When you do resume makeup, ensure your makeup brushes and sponges are thoroughly cleaned and sanitized.

Sunscreen

Apply chemical-free, mineral sun protection daily.

DAYS 5+

Resuming Routine

You may notice minor flaking or temporary tiny sandpaper-like dots. Do not pick them. Once the skin surface feels smooth and completely back to normal, you may gradually reintroduce your regular skincare routine and active ingredients.